



# PATIENT MENU

*You May Order Room Service:  
Breakfast 6am - 10am  
Lunch & Dinner 10:30am-6:30pm  
delivered in 30 minutes*

## BREAKFAST OFFERINGS

### FRUIT

Apple	Peach
Banana	Pear
Pineapple	Fruit Cocktail

### YOGURT

Vanilla	Peach
Strawberry	Blueberry

### HOT OFF THE GRILL

egg substitute available  
Sausage & Gravy Pancakes  
Scrambled Eggs French Toast  
Poached Eggs

### CEREAL

Special K	Grits
Cheerios	Oatmeal
Cornflakes	Cream of Wheat
Rice Krispies	

## BEVERAGES

*Lemon, lime, half & half, creamer, equal, sweet & low, or sugar.*

Coffee	Hot Chocolate
Tea	Milk
Juice	

High Calorie Drinks: Carnation Instant Breakfast, Milkshake,  
Boost, Resource Fruit Slush

TO PLACE AN ORDER DIAL 6325 (MEAL)

M E C H A N I C A L   S O F T

# LUNCH & DINNER SELECTIONS

## SOUPS & SALADS

### SOUPS

Chicken Noodle • Vegetable • Tortilla Soup

### SALADS

Chicken Salad • Fruit Cup • Potato Salad

## HOT ENTREES

### BEEF

**Chicken Fried Steak** ~ Golden fried tender round steak served with country style cream gravy.

**Beef** ~ Ground beef topped off with a red chili sauce.

**Ground Sirloin of Beef** ~ Tender sirloin that has been baked to perfection and served with burgundy sauce.

### SEAFOOD

**Grilled Catfish** ~ Golden grilled catfish served with tartar sauce.

**Salmon** ~ Freshly grilled salmon with a sauce of orange reduction.

### POULTRY

**Grilled Chicken Breast** ~ Chicken breast lightly seasoned with garlic and herbs.

**Chicken Strips** ~ Golden fried chicken breast tenders served with country style cream gravy.

### PASTA

**Fettuccine** ~ Fresh cooked pasta served with your choice of marinara or pesto.

### GUEST TRAYS

Meals are available for your guests! Ask nursing personnel for a guest menu with listed prices. The guest tray will be delivered to your room and payment will be collected at that time.

### CAFÉ HOURS

Breakfast 6:00 am - 10:00 am

Lunch 11:00 am - 1:30 pm

Dinner 4:30 pm - 6:30 pm

Vending machines are located near the Emergency Department

## SIDE ORDERS

Green Beans

Broccoli

Sauteed Zucchini

Whipped Sweet Potato

Whipped Potatoes

Macaroni and Cheese

Cottage Cheese

## DESSERTS

### FRUIT

Applesauce

Canned Peaches

Canned Pears

Fruit Cocktail

Canned Pineapple

Banana

### HOMEMADE SWEETS

Carrot Cake

Cheesecake

Peanut Butter Cookies

Sugar Cookies

### ICE CREAM & SHERBET

Vanilla

Strawberry

Chocolate

Orange Sherbet

Lime Sherbet

Popsicle

### PUDDINGS & JELLO

Banana

Chocolate

Vanilla

Tapioca

Red Jello

Orange Jello

### OTHER SERVICES

Patients who are members of our 55PLUS program receive a daily meal ticket to be redeemed in the cafeteria. For more information about the 55PLUS program call 942-5500.

If you need assistance with meal planning and/or have nutrition education needs, contact the dietitian at 6718. Call 6223 for information about diabetes.

Any nutrition related complaints or concerns should be directed to Chef Henry Wiens at 6665.

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